

Zygouris Stelios



Stelios Zygouris is an Assistant Professor of neuropsychology at the Department of Psychology of Democritus University of Thrace. He studied psychology at the Aristotle University of Thessaloniki (AUTH) before pursuing an MSc in psychoanalysis at University College London (UCL). He has received his PhD in neurology from the School of Medicine of AUTH with a scholarship for his PhD studies from the Robert Bosch Foundation. His clinical experience includes diagnostic and neuropsychological assessment, activity groups for psychiatric in-patients and supportive psychotherapy. He has worked in various national and European research projects in the field of new technologies in dementia, specializing in computerized cognitive testing and the use of serious games for the detection of pre-clinical cognitive decline in older adults. He has served as the primary investigator (PI) of the project GBHI_ALZ-18-541600, "A two-tiered cost-efficient computerized cognitive screening protocol." (funded by the Alzheimer's Association). He has worked for 2 years as a lecturer at the Department of Psychology of the University of Western Macedonia. He is a Lifelong Atlantic Fellow for Equity in Brain Health. He maintains ongoing collaboration with the Ain Shams University Cognitive Training Lab (Cairo, Egypt), which he co-founded, and with the University of California, San Francisco, (USA). His broader research interests include computerized neuropsychological assessment, pre-clinical cognitive screening, virtual reality applications, usability assessment, and design for older adults. During the last 5 years his research focuses on the use of self-administered computerized tests for the early detection of mild cognitive impairment in older adults.